

UT EARLY LEARNING CENTER—Food Service Program

Fall/Winter Menu 2009-2010

Weeks of: October 5, November 3, November 30, December 28, January 25, February 22, March 22

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Toasted Oat Cereal Milk	Whole Wheat Cinnamon Toast Milk	Oatmeal Milk	Blueberry Muffins Milk	Cook's Choice Cereal Milk
LUNCH	Macaroni & Cheese Cinnamon Sweet Potatoes Apples Whole Wheat Bread Milk	Tomato Soup Cheese Slices or Cubes Celery Sticks Mandarin Oranges Oyster Crackers Milk	Fish Portions Mashed Potatoes Green Beans Peaches Whole Wheat Bread Milk	Chicken Divan w/ Brown Rice Carrots Pineapple Tidbits Milk	Cheese Pizza w/ Tomato Sauce Corn Pears Milk
PM SNACK	Graham Crackers Apple Slices* Water	Carrot Sticks Peanut Butter or Cream Cheese Apple Juice	Graham Crackers Bananas* Water	Whole Wheat Saltines Cheese Grape Juice	Pretzels Raisins Water

*Or other in-season fruit

Cook's Notes:

UT EARLY LEARNING CENTER—Food Service Program
Fall/Winter Menu 2009-2010

Weeks of: October 12, November 9, December 7, January 4, February 1, March 1, March 29

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Toasted Oat Cereal Milk	Cinnamon Bites Milk	Oatmeal Milk	Strawberry Muffins Milk	Cook's Choice Cereal Milk
LUNCH	Pinto Beans Cooked Carrots Applesauce Cornbread Milk	White Chicken Chili Carrot Sticks Whole Grain Crackers Pineapple Tidbits Milk	Scrambled Eggs Tater Tots Tomatoes Mandarin Oranges Whole Wheat Bread Milk	Tacos Cheese Shreds Corn Pears 6" Tortillas Milk	Spaghetti w/Meat Sauce Green Beans Peaches Whole Wheat Bread Milk
PM SNACK	Graham Crackers Apples* Water	Celery Sticks Peanut Butter or Cream Cheese Apple Juice	Woven Wheat Crackers Apple Butter Water	Whole Wheat Saltines Cheese Grape Juice	Trail Mix: Whole Grains & Dried Fruit Water

*Or other in-season fruit

Cook's Notes:

UT EARLY LEARNING CENTER—Food Service Program
Fall/Winter Menu 2009-2010

Weeks of: October 19, November 16, December 14, January 11, February 8, March 8

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Toasted Oat Cereal Milk	Whole Wheat Cinnamon Toast Milk	Oatmeal Milk	Apple-Cinnamon Muffins Milk	Cook's Choice Cereal Milk
LUNCH	Macaroni & Cheese Peas Peaches Whole Wheat Bread Milk	Tomato Soup Cheese Cubes or Slices Celery Sticks Oyster Crackers Pineapple Tidbits Milk	Chicken Nuggets Rice Pilaf Broccoli Pears Milk	Meat Loaf Mashed Potatoes Peas & Carrots Mandarin Oranges Whole Wheat Bread Milk	Italian Pasta Bake Green Beans Peaches Whole Wheat Bread Milk
PM SNACK	Graham Crackers Apple Slices* Water	Carrot Sticks Peanut Butter or Cream Cheese Apple Juice	Graham Crackers Bananas* Water	Whole Wheat Saltines Cheese Grape Juice	Pretzels Raisins Water

*Or other in-season fruit

Cook's Notes:

UT EARLY LEARNING CENTER—Food Service Program
Fall/Winter Menu 2009-2010

Weeks of: October 26, November 23, December 21, January 18, February 15, March 15

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM SNACK	Toasted Oat Cereal Milk	Cinnamon Bites Milk	Oatmeal Milk	Banana Bread Milk	Cook's Choice Cereal Milk
LUNCH	Cheese Ravioli w/Tomato Sauce Green Beans Pears Whole Wheat Bread Milk	Creamy Chicken & Rice Soup Carrot Sticks Peaches Cornbread Milk	Egg & Potato Casserole Broccoli Mandarin Oranges Whole Wheat Bread Milk	Red Beans & Rice Corn Spiced Apples Whole Wheat Bread Milk	Spaghetti w/Meat Sauce Peas Pineapples Whole Wheat Bread Milk
PM SNACK	Graham Crackers Orange Slices* Water	Celery Sticks Peanut Butter or Cream Cheese Apple Juice	Woven Wheat Crackers Apple Butter Water	Whole Wheat Saltines Cheese Grape Juice	Trail Mix w/Whole Grains & Dried Fruit Water

*Or other in-season fruit

Cook's Notes: